

Tartan Toddlers Do it at home



Water Play Sensory Fun

1 What you need



A shallow tray, bowl or washing-up basin

Warm water

Plastic cups, spoons, small containers or a sponge

2 Set up



Fill the tray with warm water and place it in front of your baby.

Sit your baby in a highchair or on your lap with the tray in front.

3 Let them explore



Let your baby splash, pour (with help), squeeze and explore freely.

Talk about what they're doing and describe the fun!

4 What it supports



Fine motor skills (grasping, squeezing, pouring)



Cause and effect (splashing = water movement)



Early problem-solving and curiosity



5 Top tip

Put a towel underneath—this one gets messy!



We love to see little ones explore and have fun!
Please always stay close and supervise your baby at all times,
so play is safe, happy and worry-free.



