

Tartan Toddlers

Do it at home



Zig Zag Challenge

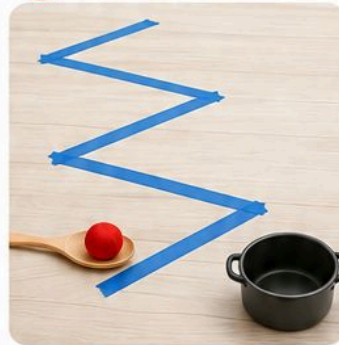


1 What you need



- Masking tape or a scarf or string to make a zig zag line
- A large spoon or sieve
- A ball, bean bag or any small round item
- A pot, bowl or container

2 Set up



Use tape, a scarf or string to make a zig zag path on the floor.

Place the pot or container at the end of the line.

Give your toddler the spoon or sieve with the ball on it.

3 Let them explore



Encourage your toddler to walk the zig zag line, keeping the ball on the spoon or sieve.

When they reach the end, they can drop the ball into the pot.

Celebrate their efforts and have fun!

4 What it supports



Gross motor skills (balance, coordination and control)



Hand-eye coordination and focus



Problem-solving and concentration



Confidence and sense of achievement



5 Top tip

Change the line, the item or the container to keep the challenge exciting!



We love to see little ones explore and have fun!
Please always stay close and supervise your baby at all times,
so play is safe, happy and worry-free.

